

The origin of our name

"Heal, relieve and comfort"

Our mission is to improve the quality of life of our clients of through personal and affective treatment, using the latest methods.

We attach great importance to the above words, derived from the aphorism "medicine is to cure sometimes, to relieve often, to comfort always" and which is attributed to the French surgeon Ambroise Paré (1510-1590). That is why we have named the name of our institution (phonetically) after him.

How to find us?

Our clinic is located in Brainpark I near the Novotel.

APareeGGZ

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(Trias I -building 3rd floor)

☎ +31 10 452 5545

✉ secretariaat@apareeggz.nl

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Anxious,
angry, sad,
or depressed?
And you don't
know what to do
anymore?



APareeGGZ

Clinic
for mental health care

How can we help you?

Are worry and fear getting in the way of your everyday life? Are you feeling down for more time than you are not? Have major life events taken place? Or do relationship problems or work related issues occur in your life? Consult with your general practitioner if you would benefit from our mental health care.

When your mental health issues are not yet too serious, you are eligible for treatment within the basic mental health care. When the problems are more serious and complex, then we have specialist mental health care available for you.

Who are we?

APareeGGZ provides basic and specialist mental health care. After your registration we will work together to find out what kind of issues are involved and which treatment is best for you. In addition to reducing complaints we strive to help you find a new balance in your life.

The treatment is as short as possible and as long as needed. We offer face-to-face sessions in our clinic and we provide a wide range of online modules that allow you to work on your issues anytime you like (e-health). While using the online program the therapist can send you feedback or respond to you by video calling.

We work in a multidisciplinary team and our treatments are based on Dutch mental health care standards and guidelines.

Direct registration

Contact us by telephone or send us an email. For registration you need a referral letter from your general practitioner. You can also register privately.

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Treatment cost

Our mental health care is covered by the standard package of Dutch health insurers. The actual amount they reimburse depends on your current insurance coverage and your chosen own risk. If you have an international health insurance in most cases treatment costs with APareeGGZ will -at least partially- be covered. Please contact your insurer beforehand.

You can also pay the costs of your treatment in private. Sometimes your employer is willing to reimburse the costs of therapy.

If you have any questions about the costs or reimbursement of your treatments, please feel free to contact us.

Summary

Do you need some extra help with the challenges life throws at you?

We specialize in diagnosis and treatment of adults with mental health issues. Think of stress, burn-out, depression, anxiety disorders, addictions, post traumatic stress disorders, et cetera.

Our team is dedicated to help you. We provide treatment in a number of languages including Dutch, English, German and French.

Call or email us for direct registration and find out whether your insurance covers our services. If not, you can pay for the treatment costs yourself.

The logo for APareeGGZ features the text "APareeGGZ" in a bold, sans-serif font. The "A" is orange, and the rest of the text is red. The logo is centered between two horizontal lines, each composed of three segments in orange, green, and orange from left to right.

APareeGGZ